

### National Disaster/ Emergency Procedures and Services Information

This month's newsletter has an accompanying new emergency pamphlet and map containing safety and procedure information important to follow and understand when a national disaster occurs. While many countries teach most if not all of these safety tips, it is important to be familiar with the procedures regarding evacuations and the shelters available in Japan.

Shelters contain resources such as food, tools and equipment, information, and for foreigners the city is making available translators and other resources to assist in relaying instructions and information as well as assisting in communication. Be sure to keep the map and put together a "punch-out" kit in case of evacuation. Also be sure to show your family members where the closest emergency shelter is located. Please do not hesitate to contact the city hall with any further questions or concerns.

**EVENT!** On December 18<sup>th</sup> (Sunday), there will be a *Bousai* Workshop to help familiarize foreigners with the disaster prevention information (and train volunteers) from 10AM to 4:30 PM at the Sogo Fukushi Kaikan 3F. We are looking for 30 volunteers to join one of two groups: interpretation practice to help foreigners at shelters during disasters (asking for speakers of Japanese and at least one other language: English, Tagalog, Portuguese, and Chinese are needed but any bi-or multilinguals of other languages are welcome), and a second group to have a general overview of the shelters, the procedures, and what services are available there. You can sample some rations such as the *Alpha Mai* rice and *Kenchin* soup. There will also be a game and prizes. If you are interested, please contact the Prefectural International office at 058-214-7700 (Including your name, postal number, address, phone number and which group you'd like to join). You can also contact/send the info online to: gic@gic.or.jp Sign up soon as it will fill quickly. The deadline is December 9<sup>th</sup>. There is no fee to join.

#### The Kakamigahara International Association (KIA)

You can find us on the 6th floor of the Sangyou Bunka Center in the Brand Creation Division, our hours are 8:30 AM~5:15 PM. Telephone: 058-383-1426 E-Mail: kia@city.kakamigahara.gifu.jp Website: www.kia1986.org Please feel free to contact us if you have questions, comments, or for more information.

# **Children's Health Services For December:**

Times for children health checks are from 13:00~13:30.

Please use the designated location for the area you live in. The areas are:

Sogo Fukushi Kaikan: For those living in the Naka, Kawashima, Sohara, and Inaba Nishi Elementary School areas.

Asahi Kodomokan: For those living in the Unuma and Inaba Higashi Elementary areas.

4 months

Date	Location	For Children Born
December 5th (Mon)	Sogo Fukushi Kaikan	2016 July 1-15
December 6th (Tues)	Sogo Fukushi Kaikan	2016 July 16-31
December 1 <sup>st</sup> (Thurs)	Asahi Kodomokan	2016 July

Includes physical

11 months

Date	Location	For Children Born
December 20 <sup>th</sup> (Tues)	Sogo Fukushi Kaikan	2016 January
December 21 <sup>st</sup> (Wed)	Asahi Kodomokan	2016 January

Physical and dental inspection

1 year 6 months (18 months)

Date	Location	For Children Born
December 7 <sup>th</sup> (Wed)	Sogo Fukushi Kaikan	2015 May 1-15
December 8 <sup>th</sup> (Thurs)	Sogo Fukushi Kaikan	2015 May 16-31
December 9 <sup>th</sup> (Fri)	Asahi Kodomokan	2015 May

Includes physical and dental check

3 years

Date	Location	For Children Born
December 12 <sup>th</sup> (Mon)	Sogo Fukushi Kaikan	2013 November 1~15
December 13 <sup>th</sup> (Tues)	Sogo Fukushi Kaikan	2013 November 16~30
December 14 <sup>th</sup> (Wed)	Asahi Kodomokan	2013 November

Includes physical, vision and hearing check, urine exam.

For more information contact the Kakamigahara Kenko Kanrika TEL 058-383-1115

# **Blood Drives in December**

December 12<sup>th</sup> (Thurs): Kakamigahara City Hall 9:30 AM ~1 PM; 2:15PM~ 4:00 PM December 25<sup>th</sup> (Sun): Apita Kakamigahara Store 9:30AM~12 Noon; 1:30 PM~4:00 PM For more information, please call 058-383-7570

## **City Hall Holiday / After Hours and Services for November:**

The Kakamigahara City Hall will have the following irregular hours for the following services in July. Please use the basement entrance located on the North Side of the Main building. **City Tax:** 

#### City Tax:

**Evening Consultations:** 

November 8<sup>th</sup> (Tues), 9<sup>th</sup> (Wed), 10<sup>th</sup> (Thurs), 11<sup>th</sup> (Fri) 5:15 PM~8 PM (First floor of City Hall, Tax Division) TEL: 058-383-4773

#### **National Health Insurance Premiums:**

Holiday hours: November 12<sup>th</sup> (Sat), 1 PM~5 PM Evening hours: November 8 (Tues)~11<sup>th</sup> (Fri), 14<sup>th</sup> (Sun) 5:15 PM~8 PM TEL: 058-383-1112

## Kakamigahara Culture Day Park Market

November 3<sup>rd</sup> is Culture Day (Bunka no Hi) in Japan, and Kakamigahara will be hosting the annual outdoor market on the day. In addition to the regular market staples such as old and used books and crafts, there will also be more food than ever, with guest speakers and artists including Lily Frankie, Mizumoto Akira, and Suzuki Ichitaro. There will be a couple workshops as well, and a combination workshop/slide-show/talk show event with Children's book illustrator/ author Kudo Noriko (with an opportunity for a book signing as well in the Chuo Library). With more than ever to see, do, and participate in, it is sure to be the most spectacular holiday market event so far. Don't miss it!

For more information or questions, please feel free to call the Life Fulfillment Division at TEL: 058-383- 1042

## NOTE TO US CITIZENS:

You can register and vote overseas. If you haven't yet, you might still be able to vote by electronic ballot. Please check with your state government voting office or the Federal Voter Assistance Program website. Mailing takes a minimum of 10-14 days to go around via postal service. States have slightly different methods and systems, but all have electronic voting procedures as of 2009 legislation.

# KIA 30<sup>th</sup> Anniversary Event

This December will be the 30<sup>th</sup> anniversary of the Kakamigahara International Association. To celebrate, they've been putting together one of their best year-end events so far. This year will include astronaut Yamazaki Naoko as a special guest lecturer! The event is open to up to 400 persons, but you must be a member or guest of a current member of the KIA (or sign up!), but there is no door charge for the event. KIA membership for 1 year is 2,000 yen.

The event will be held December 10<sup>th</sup> (Sat) opening at 1 PM at the Kakamigahara Sangyou Bunka Center. For more information or to register, please call KIA at 058-389-0765, or by e-mail: <u>kia@city.kakamigahara.gifu.jp</u>, or come to the Brand Souzouka on the 6<sup>th</sup> floor of the Sangyou Bunka Center. We look forward to seeing you!

# 30<sup>th</sup> Annual Middle School English Speech Contest

Entries are now being accepted for the Speech Contest taking place January 22, 2017 (Sunday). Interested persons must be middle school students and residents of Kakamigahara city. All speeches must be between 3-5 minutes in length, and the theme is open to the speaker's choice. Please note that the cut-off for entry is December 9<sup>th</sup>, 2016. Interested parties should contact their teachers at their respective middle school; or by contacting the KIA though the Brand Souzouka office (504-8555 Naka Sakura machi 1-69, City hall Brand Souzouka (care of Kakamigahara International Association). Feel free to call the office with questions or to register at 058-383-1426. Take the chance to try out your English skills and good luck!

## Holiday Advice: Where's that bird?

Now that the holiday season is upon us it is a good time to answer an eternal question: Where can I get a turkey? Well, there are three options:

- 1. Get invited. Find another foreigner or foreign group (church, club, etc.) that makes arrangements to have a holiday dinner (Thanksgiving or Christmas).
- 2. Find a good hotel. Some hotels and restaurants will actually be serving special holiday menus. Nagoya is a good place to look, but make reservations.
- 3. If you have the means, cook one. You can order a young turkey from poultry shops (*toriyasan*), good butchers, and sometimes chains like Aeon.